

**Snack - Week 2**

		Day 1	Day 2	Day 3	Day 4	Day 5
<b>COMPONENTS (Offer 2 Daily) ↓</b>	<b>MENU NAME →</b>	<b>Week</b>	<b>Week 2</b>	<b>Week 2</b>	<b>Week 2</b>	<b>Week 2</b>
<b>Milk</b> Minimum: 1 cup	Flavor & Fat content	1% or Fat Free Chocolate				
	Portion in oz.	8 oz				
<b>Fruits/Vegetables 100% Juice</b> Minimum: 3/4 cup	Item		Oranges		100 % Fruit Juice	Banana
	Portion in cups		¾ cup		¾ cup	3/4 cup
<b>Grains</b> Minimum: 1 oz. eq.	Item	WGR Animal crackers	WGR Multigrain Bar	WGR Club Crackers	WGR Tortilla Chips	WGR Graham crackers
	Portion in oz.	1 oz	1.3 oz	1 oz	1 oz	1 oz
<b>Meats/ Meat Alternates</b> Minimum: 1 oz. eq.	Item			Cheese Stick		
	Portion size or oz.			1 oz		
<b>Other Foods &amp; Condiments</b>	Item		Ranch		Salsa	
	Portion size		2 tbsp		2 tbsp	
	Item					
	Portion size					

**Notes: Week 2**